

HEALTH TRACK

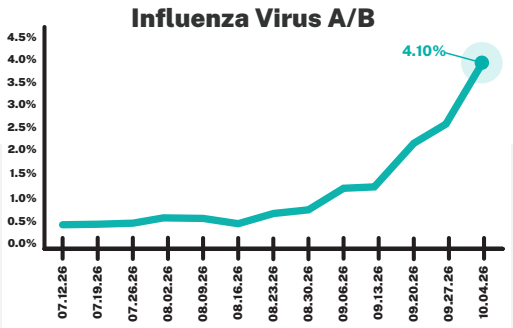
October 4th- October 17th, 2026

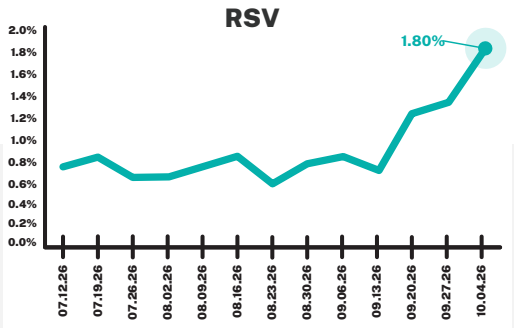
# RESPIRATORY TREND REPORT

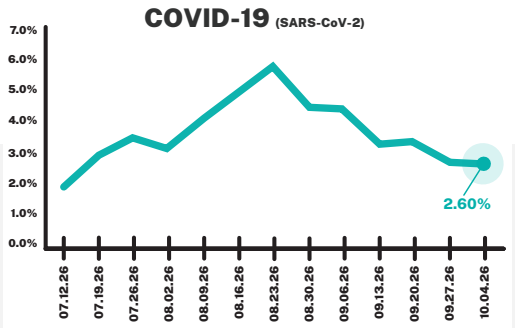
Respiratory virus activity continues to reflect an early start to the fall respiratory season, with Influenza activity rising further and RSV continuing a gradual increase. Rhinovirus/Enterovirus remains the most frequently detected respiratory virus, though it has declined slightly from the prior report. Enterovirus D68 and Parainfluenza activity remain elevated, while COVID-19 continues to trend downward.

## Infection Trends

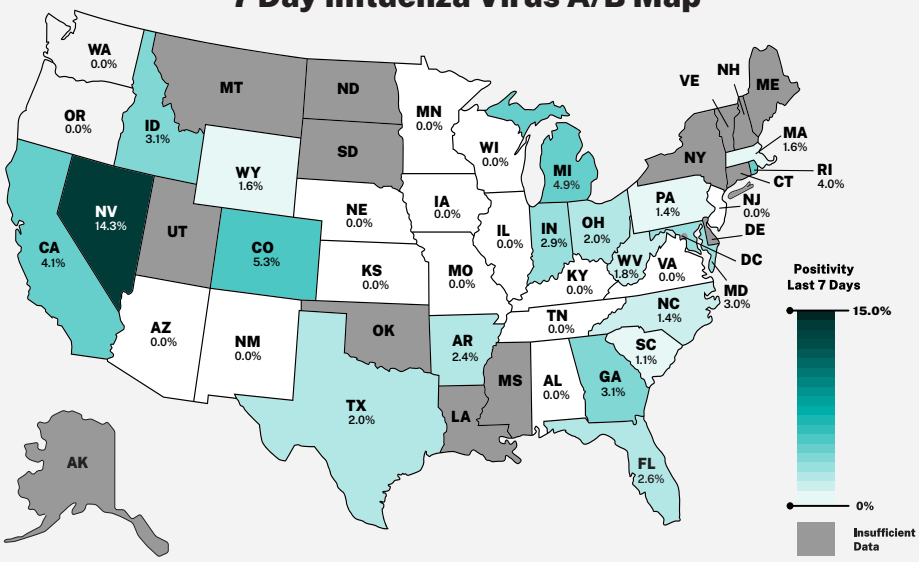
- **Influenza A & B:** Activity continues to rise, reaching **4.1%** positivity in HealthTrack data this week.
- **COVID-19 (SARS-CoV-2):** COVID-19 continues to decline, dropping slightly to **2.6%** this week.
- **Respiratory Syncytial Virus (RSV):** Positivity rates continue to slowly rise, reaching **1.8%** this week and remaining consistent with expected seasonal circulation patterns.
- **Rhinovirus/Enterovirus:** Remains the most frequently detected respiratory virus, at **31.7%.**
- **Enterovirus D68:** EVD68 remains elevated compared with typical fall patterns, reaching **4.5%** positivity.
- Other notable viruses circulating include **Adenovirus (4.5%), Seasonal Coronaviruses (2.5%), Parainfluenza virus (5.1%),** and **Human Metapneumovirus (0.9%).**




## 7 Day Influenza Virus A/B Map




### Trending Up

- Influenza A & B
- Respiratory Syncytial Virus (RSV)
- Adenovirus
- Enterovirus D68
- Parainfluenza Virus (Types 1-4)

### Trending Down

- COVID-19 Coronavirus (SARS-CoV-2)
- Rhinovirus/Enterovirus

### Remaining Level

- Human Metapneumovirus
- Seasonal Coronavirus (229E, NL63, OC43, and HKU1)

**Scan here to read the report online**

MonthTrends_Oct4-17_V1_102026 ©Copyright 2026 HealthTrackRx

This report reflects observed trends in HealthTrackRx testing positivity data, does not convey medical advice, and is provided for informational purposes only. Individuals experiencing respiratory symptoms should consult with their healthcare provider.