



Week ending February 7, 2026

# RESPIRATORY TREND REPORT

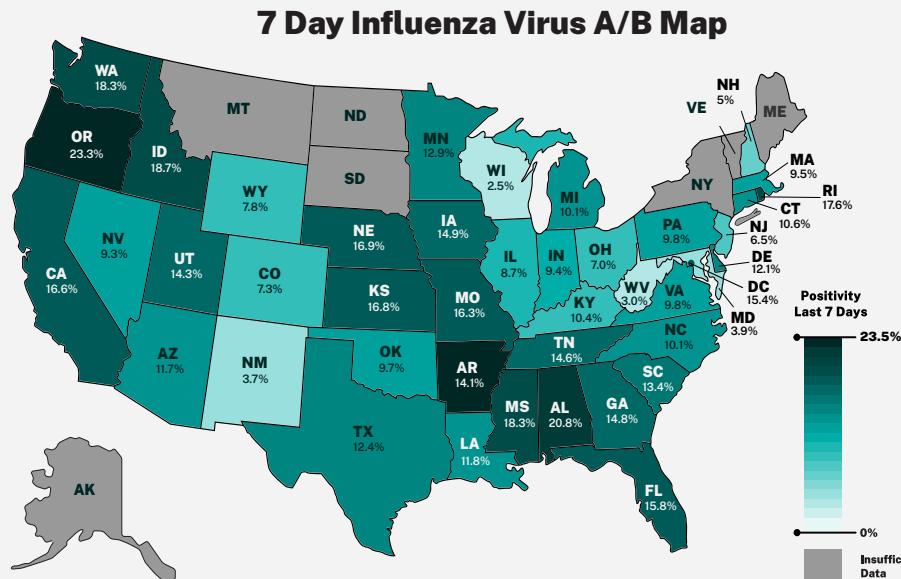
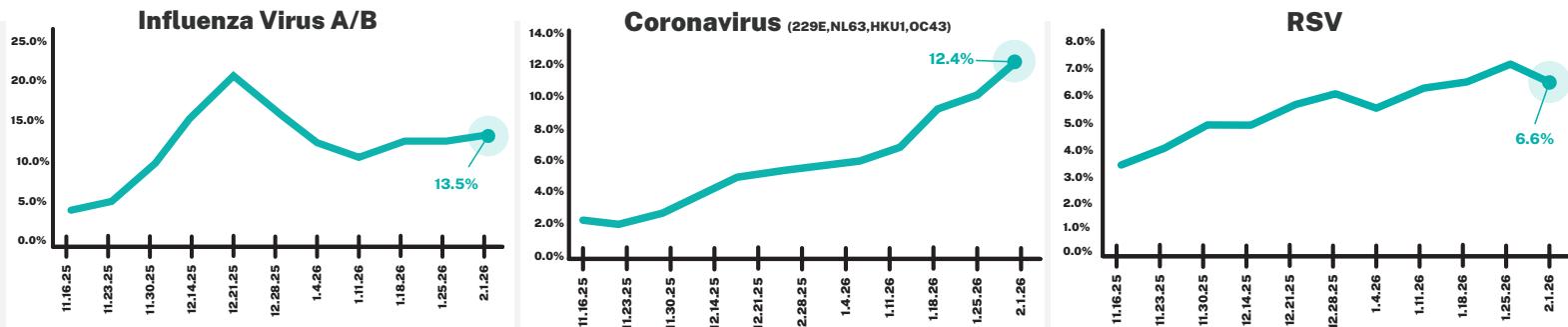
Respiratory virus activity remains elevated nationally, with several pathogens continuing to circulate at moderate to high levels over the past few weeks.

## Infection Trends

- ▶ **Influenza A/B:** Remains elevated and continues to trend upward, currently at 13.5%, consistent with peak winter activity.
- ▶ **Seasonal Coronaviruses (229E, NL63, HKU1, OC43):** Show a continued upward trend, increasing steadily over the past several weeks and now exceeding 12% positivity.
- ▶ **Rhinovirus/Enterovirus:** Continues to be the most frequently detected pathogen at 15.4%, with stable positivity following earlier winter declines.
- ▶ **Respiratory Syncytial Virus (RSV):** Positivity remaining stable around 6–7% over recent weeks.
- ▶ **Human Metapneumovirus:** Activity remains stable, with modest circulation at 3.4%.
- ▶ **Adenovirus, Parainfluenza Viruses (Types 1–4), COVID-19 (SARS-CoV-2), Enterovirus D68** all continue to be stable and low <2%

## HealthTrack Seasonal Outlook

- ▶ **Influenza A/B** is expected to remain elevated through late winter.
- ▶ **RSV** activity is likely to gradually decline over the coming weeks.
- ▶ **Seasonal coronaviruses and hMPV** are expected to increase into late winter.
- ▶ **Rhinovirus/Enterovirus** will likely persist at baseline levels with potential spring increases.



## Trending Up

- ▶ Influenza A & B
- ▶ Seasonal Coronavirus (229E, NL63, OC43, and HKU1)

## Trending Down

#### ► Parainfluenza Virus (Types 1-4)

## Remaining Level

- ▶ Rhinovirus/Enterovirus
- ▶ Respiratory syncytial virus (RSV)
- ▶ Human Metapneumovirus
- ▶ COVID-19 Coronavirus (SARS-CoV-2)
- ▶ Adenovirus
- ▶ Enterovirus D68



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