

RESPIRATORY TREND REPORT

Respiratory season remains in full swing, with several respiratory pathogens continuing to demonstrate elevated positivity rates nationwide. Providers are encouraged to reinforce hygiene best practices and contact precautions when caring for symptomatic individuals.

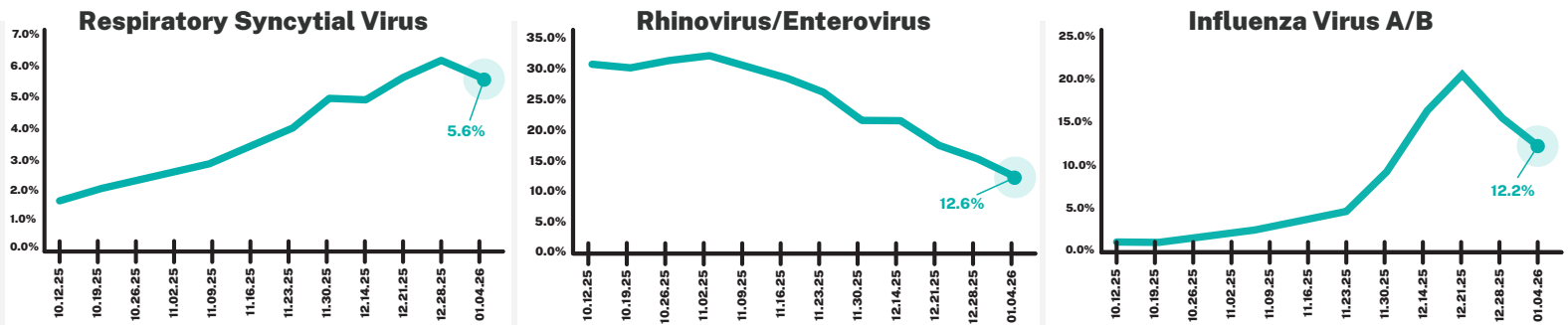
Influenza A and B positivity rates remain above **10%** nationally, with a combined positivity rate of **16.1%** from December 28 to January 3, decreasing to **12.2%** for the week ending January 10. **Respiratory Syncytial Virus (RSV)** also remains elevated, with positivity rates above **5%** nationally (**6.1%** from December 28–January 3 and **5.6%** from January 4–January 10).

Human Parainfluenza viruses (types 1–4) continue to demonstrate positivity rates above **2%**, although this represents a downward trend from the **7–8%** rates observed in the fall of 2025. **COVID-19** prevalence has remained low and stable, with positivity rates near **2%** (**2.1%** for the week ending January 3 and **2.0%** for the week ending January 10).

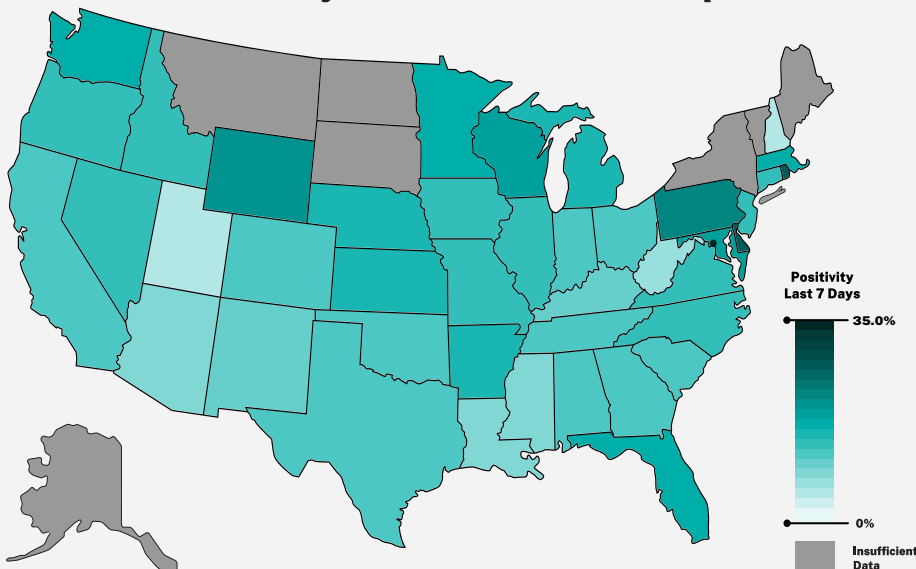
In contrast, **seasonal coronaviruses** (229E, NL63, HKU1, and OC43) have shown an upward trend since fall 2025, increasing from **5.8%** during December 28–January 3 to **6.1%** during January 4–January 10. Note that the modest declines observed across several respiratory pathogens may be influenced by reduced testing volumes during the holiday period and may not reflect a true decrease in transmission.

Seasonal Outlook

- ▶ **RSV and Influenza** are expected to remain elevated throughout the winter season.
- ▶ **Rhinovirus/Enterovirus** continues to trend downward but remains the pathogen with the highest overall positivity rate.
- ▶ **COVID-19** activity remains low and stable, with no significant changes observed.
- ▶ **Seasonal Coronaviruses** (229E, NL63, HKU1, OC43) have increased to positivity rates exceeding 6%, compared to 1–3% in fall 2025, warranting continued monitoring through the winter months.



7 Day Influenza Virus A/B Map



Trending Up

- ▶ Coronavirus (229E, NL63, OC43, and HKU1)
- ▶ Human Metapneumovirus

Trending Down

- ▶ Rhinovirus/Enterovirus
- ▶ Parainfluenza Virus (Types 1-4)

Remaining Level

- ▶ Adenovirus
- ▶ COVID-19 Coronavirus (SARS-CoV-2)
- ▶ Influenza Virus (A/B)
- ▶ Respiratory Syncytial Virus
- ▶ Enterovirus D68



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