

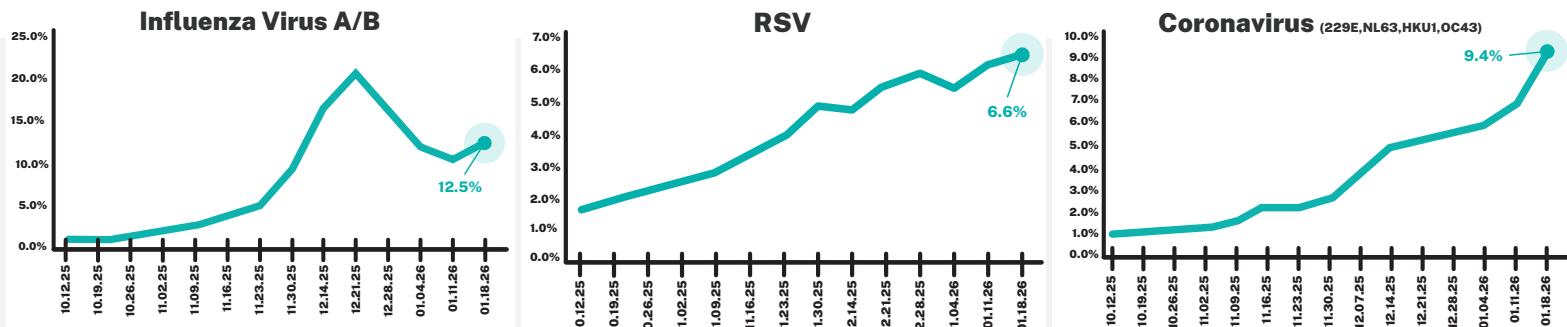
RESPIRATORY TREND REPORT

Respiratory season continues into January 2026, with several respiratory pathogens showing elevated positivity rates nationwide. Providers are encouraged to continue reinforcing best hygiene practices and appropriate contact precautions when caring for symptomatic individuals.

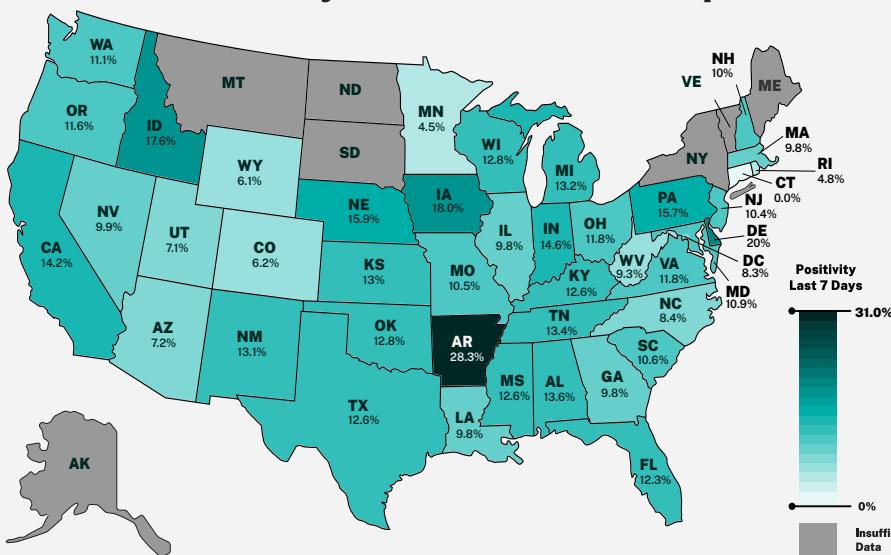
Influenza activity remains elevated nationwide, with positivity rates exceeding 10%. The combined positivity rate increased from 10.5% during the week of January 11–17 to 12.5% for the week ending January 24. **RSV** positivity also remains elevated above 5% nationally and continues an upward trend that began in fall 2025. Rates increased from 6.0% (January 11–17) to 6.6% (January 18–24). **Parainfluenza virus** activity continues to decline from the 7–8% positivity rates observed in fall 2025. Positivity dropped below 2% for the week ending January 24 (1.7%). **COVID-19** activity remains low, with positivity rates below 2%. Rates were 1.9% for the week ending January 17 and 1.8% for the week ending January 24. In contrast to other pathogens, seasonal **coronaviruses** continue to trend upward. Positivity increased from 7.0% during January 11–17 to 9.4% for the week ending January 24, representing a notable rise since fall 2025. **Human Metapneumovirus** positivity is also increasing, reaching 2.9% for the week ending January 24. This represents an increase compared to rates below 2% observed throughout the last quarter of 2025.

Seasonal Outlook

- ▶ RSV and Influenza are expected to remain elevated throughout the winter season.
- ▶ Rhinovirus/Enterovirus continues to trend downward but remains the pathogen with the highest overall positivity rate.
- ▶ COVID-19 activity remains low and stable, with no significant changes observed.
- ▶ Seasonal Coronaviruses (229E, NL63, HKU1, OC43) have risen to positivity rates approaching 10%, compared to 1–3% in fall 2025, warranting continued monitoring through the winter months.



7 Day Influenza Virus A/B Map



Trending Up

- ▶ Coronavirus (229E, NL63, OC43, and HKU1)
- ▶ Human Metapneumovirus
- ▶ Respiratory Syncytial Virus

Trending Down

- ▶ Parainfluenza Virus (Types 1-4)
- ▶ Rhinovirus/Enterovirus
- ▶ Enterovirus D68

Remaining Level

- ▶ Adenovirus
- ▶ COVID-19 Coronavirus (SARS-CoV-2)
- ▶ Influenza Virus (A/B)



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