

SALIVA COLLECTION INSTRUCTIONS FOR COVID-19 TESTING

MATERIALS PROVIDED

- 1 sample collection tube (with or without funnel)
- 1 specimen bag
- 1 UPS/FedEx Lab Pak Mailer

To request additional supplies, contact Customer Care at 866-287-3218

SPECIMEN COLLECTION

To ensure safety and validity of the sample, it is important to follow these instructions.

IMPORTANT

Patients should **NOT** eat, drink, smoke, chew gum, or brush their teeth for at least 15 minutes prior to providing a saliva sample.

When collecting the sample, it is extremely important to ensure that the collection tube is FULL TO THE 2 mL LINE, OR ¼ OF THE TUBE with saliva.

1. Ensure all proper Personal Protective Equipment measures are taken.
2. Patient should drool into the collection tube until the saliva (not including foam or bubbles) reaches the 2 mL fill line, or ¼ the tube.
3. Once the tube is filled to the required mark, remove the funnel from the tube (if applicable) and affix the flat cap securely to the collection tube.
4. Ensure that the lid of the collection tube is completely closed and secure.